

### **Additional Information for Pharmacy:**

#### **Pharmacy:**

Upon meeting with the patient for a detailed medication reconciliation and history during Day 1 you find out the patient fills her medications at Walmart Pharmacy. She mentioned that sometimes she was not the best at remembering some of her medications and she just took all of them out of the pill bottles when she remembered. She was able to recall the majority of her medications and she recognized the remaining meds when you said their name. However, she only knew she was taking aspirin to prevent another stroke and her inhalers for her “breathing” and her “hydrocodone when her knees ached real bad”. She knew she was on meds for her “pressure” and diabetes but was not clear which one was for what. You called Walmart Pharmacy and determined the patient had not picked up the following medications regularly and adherence was an issue: Atorvastatin, HCTZ, Symbicort, and Metformin. When asked, the patient said she had difficulty remembering her meds and also had issues getting a ride to go pick up her meds at the pharmacy because she doesn’t have a car. The patient understands that her medications are important and she is willing to listen to education and wants to do better, in addition you discussed the possibility of insulin therapy at home and the patient was open to this if it was the best thing for her health.

#### **Discussion Questions:**

1. What recommendations do you have for optimizing medications or the specific medication regimen for this patient?
2. What education does the patient need about her medications, how will you provide this education, and what other professions should you coordinate with?
3. What social issues does the patient have that influence her medication regimen? What suggestions do you have and who should you coordinate with?
4. What physical limitations does this patient have that may influence some of her medications? What suggestions do you have and who should you coordinate with?